



Spring 2026 Snack Menu

■ AM snack (classes held Monday-Friday)

■ PM snack (classes held Monday-Thursday)

■ Children 2 years of age and over receive Low-fat (1%) Milk.
Water is always available to the children.

January 2024						
S	Monday	Tuesday	Wednesday	Thursday	Friday	S
				1	2	3
4	5 Return to School! Milk & Carrots Milk & Whole Grain Pita	6 Yogurt & Whole Grain Crackers Milk & Peaches	7 Milk & Bananas Milk & Whole Grain Crackers	8 Milk & Whole Grain Rice Cakes Milk & Apples	9 Milk & Whole Grain Crackers	10
11	12 Milk & Carrots Milk & Whole Grain Pita	13 Milk & Whole Grain Pita Milk & Cucumbers	14 Milk & Applesauce Milk & Whole Grain Chex	15 Cheese & Whole Grain Crackers Milk & Raisins	16 Milk & Whole Grain Cheerios	17
18	19 No School MLK Day	20 Yogurt & Whole Grain Crackers Milk & Peaches	21 Milk & Bananas Milk & Whole Grain Crackers	22 Milk & Whole Grain Rice Cakes Milk & Apples	23 Milk & Whole Grain Crackers	24
25	26 Milk & Oranges Milk & Whole Grain Cheerios	27 Milk & Whole Grain Pita Milk & Cucumbers	28 Milk & Applesauce Milk & Whole Grain Chex	29 Cheese & Whole Grain Crackers Milk & Raisins	30 Milk & Whole Grain Cheerios	31
February						
S	Monday	Tuesday	Wednesday	Thursday	Friday	S
1	2 Milk & Carrots Milk & Whole Grain Pita	3 Yogurt & Whole Grain Crackers Milk & Peaches	4 Milk & Bananas Milk & Whole Grain Crackers	5 Milk & Whole Grain Rice Cakes Milk & Apples	6 Milk & Whole Grain Crackers	7

8	9 Milk & Oranges Milk & Whole Grain Cheerios	10 Milk & Whole Grain Pita Milk & Cucumbers	11 Milk & Applesauce Milk & Whole Grain Chex	12 Cheese & Whole Grain Crackers Milk & Raisins	13 Milk & Whole Grain Cheerios	1 4
1 5	16 Milk & Carrots Milk & Whole Grain Pita	17 Yogurt & Whole Grain Crackers Milk & Peaches	18 Milk & Bananas Milk & Whole Grain Crackers	19 Milk & Whole Grain Rice Cakes Milk & Apples	20 Milk & Whole Grain Crackers	2 1
2 2	23 Milk & Oranges Milk & Whole Grain Cheerios	24 Milk & Whole Grain Pita Milk & Cucumbers	25 Milk & Applesauce Milk & Whole Grain Chex	26 Cheese & Whole Grain Crackers Milk & Raisins	27 Milk & Whole Grain Cheerios	2 8

March

S	Monday	Tuesday	Wednesday	Thursday	Friday	S
1	2 Milk & Carrots Milk & Whole Grain Pita	3 Yogurt & Whole Grain Crackers Milk & Peaches	4 Milk & Bananas Milk & Whole Grain Crackers	5 Milk & Whole Grain Rice Cakes Milk & Apples	6 NO SCHOOL PT Conferences	7
8	9 Milk & Oranges Milk & Whole Grain Cheerios	10 Milk & Whole Grain Pita Milk & Cucumbers	11 Milk & Applesauce Milk & Whole Grain Chex	12 Cheese & Whole Grain Crackers Milk & Raisins	13 Milk & Whole Grain Crackers	1 4
1 5	16 Spring Recess No School	17	18	19	20	2 1
2 2	23 Milk & Oranges Milk & Whole Grain Cheerios	24 Milk & Whole Grain Pita Milk & Cucumbers	25 Milk & Applesauce Milk & Whole Grain Chex	26 Cheese & Whole Grain Crackers Milk & Raisins	27 Milk & Whole Grain Cheerios	2 8

April

S	Monday	Tuesday	Wednesday	Thursday	Friday	S
2 9	30 Milk & Carrots Milk & Whole Grain Pita	31 Yogurt & Whole Grain Crackers Milk & Peaches	1 Milk & Bananas Milk & Whole Grain Crackers	2 Milk & Whole Grain Rice Cakes Milk & Apples	3 NO SCHOOL Explore and More Field Trip	4

5	6 Milk & Oranges Milk & Whole Grain Cheerios	7 Milk & Whole Grain Pita Milk & Cucumbers	8 Milk & Applesauce Milk & Whole Grain Chex	9 Cheese & Whole Grain Crackers Milk & Raisins	10 Milk & Whole Grain Cheerios	1 1
1 2	13 Milk & Carrots Milk & Whole Grain Pita	14 Yogurt & Whole Grain Crackers Milk & Peaches	15 Milk & Bananas Milk & Whole Grain Crackers	16 Milk & Whole Grain Rice Cakes Milk & Apples	17 Milk & Whole Grain Crackers	1 8
1 9	20 Milk & Oranges Milk & Whole Grain Cheerios	21 Milk & Whole Grain Pita Milk & Cucumbers	22 Milk & Applesauce Milk & Whole Grain Chex	23 Cheese & Whole Grain Crackers Milk & Raisins	24 Milk & Whole Grain Cheerios	2 5
May						
S	Monday	Tuesday	Wednesday	Thursday	Friday	S
2 6	27 Milk & Carrots Milk & Whole Grain Pita	28 Yogurt & Whole Grain Crackers Milk & Peaches	29 Milk & Bananas Milk & Whole Grain Crackers	30 Milk & Whole Grain Rice Cakes Milk & Apples	1 Milk & Whole Grain Crackers	2
3	4 Milk & Oranges Milk & Whole Grain Cheerios	5 Milk & Whole Grain Pita Milk & Cucumbers	6 Milk & Applesauce Milk & Whole Grain Chex	7 Cheese & Whole Grain Crackers Milk & Raisins	8 Last Day of School! Milk & Whole Grain Cheerios	9

■ AM snack (classes held Monday-Friday)

■ PM snack (classes held Monday-Thursday)

- Children 2 years of age and over receive Low-fat (1%) Milk.
Water is always available to the children.

The ECRC follows Nutrition Standards for Child and Adult Care Food Program (CACFP) Meals and Snacks and OCFS regulations.

Please note, the ECRC does not provide lunch.